



# CCMR

**COLLEGE  
CAREER  
MILITARY  
READINESS**

ELEMENTARY EDITION

**A Comprehensive Guide to High School Success and Postsecondary  
Readiness in Carrollton-Farmers Branch ISD**



*"We offer more than a traditional academic experience. For us, it is about preparing students for the future."*

*- Dr. John E. Chapman III  
CFBISD Superintendent of Schools*



*"The vision of the CCMR department is for all K-12 students to graduate high school prepared for a college, career, or military path of their choice and empowered to be competent, productive members of society."*

*- Jo Gillen  
Chief of SEL and Postsecondary Readiness*

# Dear CFBISD Elementary School Students and Parents

A student must consider many factors when thinking about their future: personal talents and interests, required coursework and training, labor market demands, awareness of college and career options, interpersonal skill development, and family and lifestyle goals are just a few examples. We believe that learning empowers students to put these factors together to reach their full potential, reach their goals, and achieve their definition of success. Students have many options for high-demand, livable-wage jobs through a wide range of continued education and career development paths, but knowing where to start or what happens next can be a challenge to navigate as workforce and postsecondary education choices continue to evolve.

Improving initiatives to prepare students for postsecondary success is the focus of the College, Career and Military Readiness Department, and this guide serves as a reference as you and your student explore and plan for their life after high school. CCMR staff and school counselors are available for support and guidance in postsecondary planning; we also hope you will review the CFBISD College, Career and Military Readiness website for information and attend as many district and campus events this year that interest you. Please reach out to us if you have questions

Sincerely,

**The CFBISD College and Career Readiness Department**



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McKamy Elementary  
McWhorter Elementary  
Ranchview High School  
Riverchase Elementary  
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Kent Elementary  
La Villita Elementary  
McLaughlin Elementary  
Polk Middle School  
Rosemeade Elementary  
Stark Elementary

# ELEMENTARY SCHOOL CCMR GUIDE

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## High Expectations for All

### More than a Motto

CFBISD is committed to meeting the needs and providing opportunities to ALL students.

→ [LEARN MORE ABOUT OUR MISSION, VISION AND](#)





# ATTRIBUTES OF A CFBISD GRADUATE

CFBISD continuously plans ahead to determine the best ways to prepare students for the future.

The Collaborative Vision 2030 (CV2030) committee of sixty-three Design Team members met in 2019 to revise our Attributes of a CFBISD Graduate to reflect the traits we strive to instill throughout students' careers in CFBISD.

→ [READ THE COLLABORATIVE VISION](#)



## TEA's CCMR Indicators

The Texas Education Agency (TEA) lists ways high school students can demonstrate readiness for college, career, and military endeavors after high school. Rather than being required for high school graduation, the CCMR criteria exist in part to provide students with indications that they are prepared for college and the world of work.

Progress toward these indicators is also monitored to determine how well schools are preparing students for life after high school. Many students meet several of the criteria during their high school careers. CFBISD strives for each graduate to meet at least one of the [CCMR indicators](#) through high school programming. TEA adjusts the list of CCMR indicators from time to time according to new options available to students.

Middle school students and parents may use the [list](#) to understand and plan for ways to meet CCMR benchmarks and readiness criteria. School counselors meet with students yearly to select the courses that will best prepare them to meet their graduation and postsecondary goals and are an excellent resource for postsecondary planning.

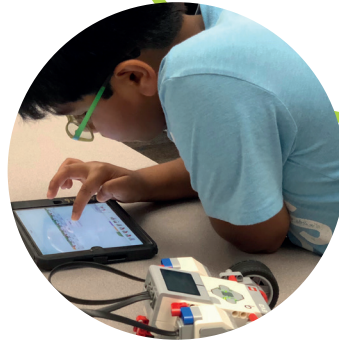
# COLLEGE & CAREER EXPLORATION

## Paws in Jobland for Elementary Students

[Paws in Jobland](#) is an online career awareness program where an animated dog named Paws guides elementary school students through Jobland and assists them in exploring and identifying career interests. Students may click on a building within the community map to explore the jobs within the building, or they may search for jobs by title. Descriptions include picture and audio that show students what each worker performs in his or her field.

Simple quizzes help students identify personal interests and relevant career options to investigate from the assessment results. Students may also take knowledge quizzes and play games to test what they learn from their exploration activities.

**CFBISD has options that  
will fit your child's  
interests and passions**



## Looking Ahead: Xello for Middle School and High School Students

[Xello](#) is an online college, career and military exploration and planning program that gives middle and high school students more control of their exploration and preparation for postsecondary success. Activities focus on assessing, recording and reflecting on strengths, skills, and interests and thinking critically about how to apply new knowledge to create plans.

Students may search for colleges and majors by many different factors, and multiple search criteria exist such as location, cost of attendance, programs offered, average admissions criteria, and more. Xello has career interest surveys to help students define their personal preferences and align them with possible careers to explore. Descriptions of numerous careers are available, including the typical education needed to work in the field, median income, typical daily tasks, and more. Students may save searches and create a portfolio and resume, as well.

# COLLEGE & CAREER EXPLORATION

## Advancement Via Individual Determination (AVID)

The AVID College Readiness System is designed to equip students with the skills necessary for post-secondary success. Students participating in AVID classes employ WICOR strategies of Writing, Inquiry, Collaboration, Organization, and Reading to further their academic skills. Examples of these methodologies include focused note taking, higher-level thinking strategies, the utilization of planners and binders, and engagement in academic discussions with peers.

AVID campuses promote a college going culture through banners, pennants, college exploration activities and field trips. At the secondary level, AVID students are expected to take courses of rigor and tutorial support is provided to support students with higher level coursework. AVID high school students also receive guidance regarding the college application process including preparation for college entrance exams and applying for scholarships/financial aid.

While not all students are able to participate directly in the AVID Elective course, campuses which have the AVID College Readiness System are encouraged to promote the use of AVID methodologies on a school-wide basis so that all students are able to acquire college readiness skills.

[AVID](#) is available at all middle schools and all high schools except Ranchview. For elementary, AVID is offered at Central, Farmers Branch, McKamy, McWhorter, and Sheffield.

## Choices in Middle and High School: Career and Technical Education (CTE) Programs of Study

Preparing all students for the opportunity to succeed in today's competitive global economy, [Career and Technical Education](#) complements and enhances academic preparation by providing all students with the opportunity to integrate academics and technical education in rigorous, relevant programs of study to give them the tools for a lifetime of success.

On CFBISD's [Programs of Choice](#) page, parents and students may view CTE and Advanced Academics programs and filter results by the campuses that offer each of them. After selecting a Program of Study, clicking "About the Program" leads viewers to information about the courses and career pathways. More detailed information about courses may be found in the [High School Educational Planning Guide](#).




# COLLEGE READINESS

## ***Middle School Educational Planning Guide: See What CFBISD Has To Offer!***

During the spring of students' fifth grade year, elementary and middle school counselors will work together to provide 5th graders and their parents information about course selection for middle school.

The [Middle School Educational Planning Guide](#) provides the name and descriptions of courses offered in middle school by grade level, along with prerequisites needed for special courses.

Parents may consider familiarizing themselves with middle school courses before the spring of their children's 5th grade year in order to speak with their children about their interests in the courses available. Please consult your child's school counselor with any questions pertaining to middle school course selection.



## **There's a Correlation between Education and Earning Potential**

Research shows that earning potential is higher for individuals who have education after high school. The [U.S. Bureau of Labor Statistics](#) demonstrates how earnings correlate to education level- the greater the education level, the more workers tend to earn. We want to remove barriers to students entering and completing college and postsecondary certification programs by providing the information to help students understand the importance of continuing education after high school.



### **Coursework Designed to Prepare Students for Postsecondary Education**

Parents may also speak with their children early about taking courses that challenge them and help them prepare well for college. CFBISD offers numerous Career and Technical Education programs of study in middle and high school, dual high school/college credit courses, and Advanced Placement courses to support students' advancement and provide them with the rigor to perform well in college courses. When students meet criteria in dual credit courses and on Advanced Placement exams, they may even use the credit toward college degree plans without having to spend money on the courses while in college- an added benefit of preparing well ahead of time. Parents may refer to the [Middle School Educational Planning Guide](#) and the [High School Educational Planning Guide](#) for more information.



# COLLEGE READINESS

## ***Get a Head Start Now by Understanding How to Prepare***

### **Saving and Paying for College**

There are many ways to save and pay for college, and knowing availability and requirements ahead of time will help parents and students prepare.

Completing the [Free Application for Federal Student Aid](#) (FAFSA) or the [Texas Application for State Financial Aid](#) (TASFA) will be a state graduation requirement during the 2021-2022 school year for high school seniors. Completing the FAFSA or TASFA can open many different doors to affording college. For students who are Citizens or Permanent Residents of the United States, the Free Application for Federal Student Aid (FAFSA) is available. For students without a social security number, the Texas Application for State Aid (TASFA) is available. Both applications are available beginning October 1st of senior year. The FAFSA is completed online and the TASFA is usually completed by downloading a PDF file and completing the paper copy. TASFA format varies depending on the college. There is no fee for either application.

Both the FAFSA and TASFA allow students to access four types of financial aid:

- Scholarships: awarded money that is based on need, merit or achievement that does not have to be repaid
- Grants: awarded money often based on monetary need that does NOT have to be repaid as long as students meet the minimum requirements for enrollment, credit and GPA
- Work Study: Students who demonstrate financial need may be eligible to work jobs generally on campus for limited hours
- Loans: Money is borrowed and must be repaid with interest

Parents should know that accurate and timely filing of taxes can impact their children's eligibility for financial aid. Applications require reporting of tax information for the "prior, prior year," meaning that applications for students entering college in the fall of 2021 will ask students and their parents for tax information for the year 2019. It is important that taxes are filed to prevent issues with financial aid awards. For families or individuals without earnings,

financial aid applications will ask additional questions to determine students' funding needs. High school counselors and CCMR deans are able to assist parents with financial aid applications and hold many assistance events each year so that families have the support they need to complete the applications.

The [Texas Higher Education Coordinating Board](#) (THECB) provides leadership and coordination for Texas higher education and strives to promote access, affordability, quality, success, and cost efficiency of education after high school (postsecondary education). THECB is another resource that provides Texas residents with more in-depth information about federal and state financial aid opportunities and requirements.

Texas universities may offer the [Toward EXcellence Access and Success](#) (TEXAS) Grant, with which can be more than \$5,000 per year, to eligible students. Completing college admissions applications and financial aid applications early is important for the opportunity to receive TEXAS Grant awards. Priority is given to applicants who complete the FAFSA and apply prior to January 15th of their senior year. Students must meet the academic standards set by their college or university to receive awards, and the financial aid office of the college will notify students of eligibility. Please visit the THECB College for All Texans website for general [eligibility requirements](#) and contact the financial aid office of your university early to determine how you may confirm your application for the TEXAS Grant.



# COLLEGE READINESS

## ***Get a Head Start Now by Understanding How to Prepare***

The [Dallas County Promise](#) is a last-dollar tuition scholarship program available to students at participating high schools, which are currently Early College High School at Brookhaven, R. L. Turner High School, and Newman Smith High School. Regardless of high school GPA or family income, Promise scholars have the opportunity to earn a last-dollar scholarship that will cover the gap between what a student's state and federal financial aid covers and the cost of tuition at a Promise Partner college. Promise scholars also have access to a Success Coach and exclusive transfer scholarships at Promise partner colleges and universities. The Promise is in the process of adding new college partners, and students may refer to the [Dallas County Promise website](#) for updates. To be eligible, the student must be enrolled and attending a participating high school by the state attendance snapshot date, which is mid- to late-October of the student's senior year, must graduate from a participating high school, and must complete all required steps by the deadlines identified for the student's senior year. Advisory teachers, school counselors and CCMR deans assist students with a pledge (sign-up process), college admissions application, and a financial aid application so that students have the help they need to complete all steps of eligibility.

The Texas Automatic College Admissions policy provides certain students who graduate in the top 10% of their high school class with automatic admission into Texas public universities. Students with grade point averages in the top 10% of their class may also be eligible for scholarships and should review their colleges' admissions and financial aid webpages for scholarship opportunities.

For additional ways to save and pay for college, such as savings accounts, scholarships, federal work study, homeless/foster youth assistance, and the Hazelwood tuition exemption program for dependents of veterans, please visit the [CFBISD College, Career and Military Readiness website](#).



*Several programs exist to help students afford to go to college, and the state of Texas requests that school districts notify parents early of the opportunities available to students. It is never too early to plan for the future, and CFBISD strives to provide parents with the background knowledge to make informed decisions.*

# CFBISD READY

## ***We're here to help!***

### **List of Elementary School Counselors by Campus and Grade Level**

<b>CAMPUS</b>	<b>COUNSELOR</b>	<b>PHONE NUMBER</b>	<b>GRADE LEVEL</b>
Blair	Angela Douglas	972-968-1003	K-5th
Blanton	Kasi Baudo	972-968-1103	K-5th
Carrollton	Allison Payne	972-968-1203	PreK-5th
Central	Brittany Littrell	972-968-1303	PreK-5th
Country Place	Robin Kiplinger	972-968-1442	K-5th
Davis	Neeti Prasad	972-968-1503	K-5th
Farmers Branch	Brittany Acuna	972-968-1603	PreK-5th
Freeman	Jasmine Taylor	972-968-1703	PreK-5th
Freeman	Erika Welch	972-968-1703	PreK-5th
Furneaux	Stephanie Johnson	972-968-1803	PreK-5th
Good	Marisol Nichols	972-968-1903	PreK-5th
Kent	Christy Fox	972-968-2019	PreK-5th
Landry	Julana Parker	972-968-2103	K-5th
Las Colinas	Dehia Terihay	972-968-2203	K-5th
LaVillita	Veronica Kraatz	972-968-6903	K-5th
LaVillita	Amanda Vigil	972-968-6903	K-5th
McCoy	Lashandralyn Harrison	972-968-2303	K-5th
McKamy	Sandi Johnson	972-968-2403	PreK-5th
McWhorter	Kimberly Hall	972-968-2603	PreK-5th
Rainwater	Jennifer Crisp	972-968-2803	K-5th
Riverchase	Dana Carroll	972-968-2903	PreK-5th
Rosemeade	Brittney West	972-968-3003	PreK-5th
Sheffield Elem	Liza Gonzales	972-968-3103	K-2nd
Sheffield Elem	Jean Moore	972-968-3203	3rd-5th
Stark	Alan Caplin	972-968-3303	PreK-5th
Strickland	Tulia Chong	972-968-5703	K-5th
Thompson	Myrna Salinas	972-968-3403	PreK-5th



# **CCMR LIST OF ACRONYMS**



# CCMR List of Acronyms - English & Spanish

## Listado de siglas para CCMR en inglés y español

ACRONYM - SIGLA	ENGLISH	ESPAÑOL
1040NR	Nonresident Alien Income Tax Re-turn Form 1040	Declaración de impuestos 1040 para extranjeros no residentes
1040NR-EZ	Nonresident Aliens with no dependants Income Tax Return Form 1040	Declaración de impuestos 1040 para extranjeros no residentes sin dependientes
A/V Technology	Audio /Visual Technology	Tecnología audiovisual
ACT	American College Testing	Examen de ingreso universitario ACT
AMAT Academy	Academy of Media Arts & Technology	Academia de arte mediático y tecnología
AP	Advanced Placement Program	Programa de colocación avanzada
ASVAB	Armed Services Vocational Aptitude Battery	Batería de pruebas de aptitudes vocacionales y profesionales para las fuer-zas armadas
AVID	Advancement Via Individual Determination	Avance vía determinación individual
BIOMED Academy	Biomedical Academy (Healthcare)	Academia biomédica (Cuidado de salud)
CBE	Credit by Exam	Crédito por examen
CCMR	College, Career & Military Readiness	Preparación universitaria, profesional y de carrera militar
CEP	Career Exploration Program	Programa de exploración profesional
CFBISD	Carrollton Farmers Branch Independent School District	Distrito Escolar Independiente de Carrollton-Farmers Branch
CLEP	College Level Examination Program	Programa de exámenes a nivel universitario CLEP
COA	Cost of Attendance	Costo de asistencia universitaria
CompTIA	Computing Technology Industry Association	Asociación de la Industria de tecnología informática
CSS	College Scholarship Service	Servicio de becas universitarias
CSSO	Chief State School Officer	Oficial estatal escolar
CTE	Career and Technical Education	Educación profesional y técnica
CV2030	Collaborative Vision 2030	Visión Colaborativa 2030
DAP	Distinguished Achievement Program	Programa de logros distinguidos
DoD	Department of Defense	Ministerio de la defensa
DP	IB Diploma Programme	Programa avanzado Baccalaureate para los dos últimos años de preparatoria
EA	Early Action	Acción temprana
ECG /EKG	Electrocardiogram	Electrocardiograma
ECHS	Early College High School	Preparatoria universitaria ECHS
EFC	Expected Family Contribution	Posible contribución familiar

# CCMR List of Acronyms - English & Spanish

## Listado de siglas para CCMR en inglés y español

ACRONYM - SIGLA	ENGLISH	ESPAÑOL
ELA	English Language Arts	Artes de la lengua en inglés
EOC	End of Course Exam	Examen de fin de cursos
ESDC	Educational Services Division Complex	Complejo de la División de Servicios Educativos
ESL	English as a Second Language	Inglés como segunda lengua
FAFSA	Free Application for Federal Student Aid	Solicitud gratuita de ayuda económica federal
FDIC	Federal Deposit Insurance Corporation	Agencia federal que vigila el sistema financiero en E.U.A.
FHSP	Foundation High School Program	Programa fundamental de graduación
FSA ID	Federal Student Aid Identification	Contraseña para ayuda federal estudiantil
FSEOG	Federal Supplemental Educational Opportunities Grant	Subsidio federal suplementario para oportunidades educativas
GI Bill	Government Issue Bill	Ley federal de ayuda económica para estudios y capacitación de personas en las fuerzas armadas y sus dependientes
GPA	Grade Point Average	Promedio de puntos de calificación
HL	Higher Level Course	Curso a nivel superior
HS	High School	Preparatoria o bachillerato
IB	International Baccalaureate	Baccalaureate Internacional
IBA	International Business Academy	Academia Internacional de negocios
I-Car	Inter-Industry Conference on Auto Collision Repair	Organización de capacitación para reparación de carrocería
IPC	Integrated Physics and Chemistry	Curso de física y química integradas
IRS	Internal Revenue Service	Agencia a cargo de impuestos federales
ITA	Information Technology Academy	Academia de tecnologías de la información
IV	Intravenous	Intravenosa
MEPS	Military Entrance Processing Stations	Estaciones de procesamiento para ingreso militar
METSA Academy	Math, Engineering, Technology and Science Academy	Academia de matemáticas, ingeniería, tecnología y ciencia
MS	Middle School	Secundaria
NAIA	National Association of Intercollegiate Athletics	Asociación nacional de atletismo intercolegial
NCAA	National Collegiate Athletic Association	Asociación nacional de atletismo colegial

# CCMR List of Acronyms - English & Spanish

## Listado de siglas para CCMR en inglés y español

ACRONYM - SIGLA	ENGLISH	ESPAÑOL
NCLA	National Collegiate Livestock Coaches' Association	Asociación nacional colegial de especialistas en ganado
NJROTC	Naval Junior Reserve Officers' Training Corps	Cuerpo de entrenamiento de oficiales de la reserva marina
NMSC	National Merit Scholarship Program	Programa nacional de becas al mérito
NMSQT	National Merit Scholarship Qualifying Test	Examen para calificar para la beca nacional al mérito
OSHA	Occupational Safety and Health Administration	Departamento federal de seguridad y salubridad ocupacional
PGP	Personal Graduation Plan	Plan de graduación personal
Pre-AP	Pre-Advanced Placement	Colocación Pre-Avanzada
PSAT	Preliminary Scholastic Assessment Test	Evaluación preliminar educativa para estudios universitarios
PTA	Parent Teacher Association	Asociación de padres y maestros
P-Tech	Pathways in Technology Early College High School	Trayectorias en tecnología
REA	Restrictive Early Action	Acción temprana restrictiva
RHSP	Recommended High School Program	Programa recomendado para preparatoria
ROTC	Reserve Officers' Training Corps	Cuerpo de entrenamiento de oficiales de la reserva
SAP	Satisfactory Academic Progress	Progreso académico satisfactorio
SAR	Student Aid Report	Reporte de ayuda económica estudiantil
SAT	Scholastic Assessment Test	Evaluación educativa para estudios universitarios
STEM	Science, Technology, Engineering and Math	Ciencias, Tecnología, Ingeniería y Matemáticas
TAMU	Texas A&M University	Universidad Agrícola y Mecánica de Texas (A&M)
TASFA	Texas Application for State Financial Aid	Solicitud de ayuda financiera estatal de Texas
TEA	Texas Education Agency	Departamento de Educación de Texas
TEC	Texas Education Code	Código de educación de Texas
TELPAS	Texas English Language Proficiency Assessment	Evaluación de competencia en inglés de Texas
THECB	Texas Higher Education Coordinating Board	Consejo coordinador de educación superior de Texas
TOEFL	Test of English as a Foreign Language	Examen de inglés como segunda lengua
TSIA	Texas Success Initiative Assessment	Evaluación de Iniciativa de éxito en Texas
UT	University of Texas at Austin	Universidad de Texas – campus de Austin
UTD	University of Texas at Dallas	Universidad de Texas – campus de Dallas
WICOR	Writing, Inquiry, Collaboration, Organization and Reading	Conjunto de estrategias de instrucción para AVID – Redacción, Interrogación, Colaboración, Organización y Lectura



**CCMR ELEMENTARY GUIDE TO HIGH SCHOOL SUCCESS AND POSTSECONDARY READINESS**

