# Student Health Advisory Council (SHAC) Meeting Minutes September 29, 2022

### Members in Attendance:

Sandra Lieck Linda Villemarette Brad Kennedy Catherine Carlin Gwen Perkins Kathy Riojas

Betsy McKinney Dee Canada April Hooper-Christensen Victoria Whitley Veronica Morales Caleb Rosier

# Introduction and Welcome of Attendees

The meeting was called to order at 7:05 pm by Health Services Director Sandra Lieck, RN. Ms. Lieck welcomed everyone.

# **Appointment of Temporary Secretary**

Ms. Lieck recommended that Dee Canada be named as the Temporary Secretary for the duration of this meeting. The recommendation was accepted.

## **Approval of Minutes**

No approval of minutes was required.

## **SHAC Introduction**

Ms. Lieck reviewed the mission and purpose of the SHAC Committee for members and guests. Ms. Lieck also introduced all appointed members.

## **Old Business**

There was not any Old Business to be discussed at this meeting.

#### **New Business**

## Report by the SHAC Bylaws Subcommittee:

Catherine Carlin, Chair, presented the recommendations brought by the SHAC Bylaw Subcommittee. Subcommittee members are Catherine Carlin, Linda Villemarette, and Sylvia Mazuera. Bylaws were reviewed and some minor changes are being recommended. Everyone in attendance was provided with a copy of the revised bylaws for review. Ms. Carlin explained that the most notable change is the Officers would be elected at the last meeting of the year instead of the first meeting. Thus, providing the new officers time to prepare for the upcoming meetings in the new term year. The other discussion item was the need for a Parliamentarian. Ms. Carlin's recommendation is that the Committee Chair would have the right to appoint a temporary parliamentarian at the start of each meeting as needed. Discussion among members for clarification took place and it was agreed upon that accepting the recommendation for naming a temporary parliamentarian would be the best way at this time. Ms. Carlin made a motion to adopt the new version of the bylaws along with the amendment for parliamentarian. April Hooper-Christensen seconded the motion, and all members in attendance approved with a "yay". The motion passed.

Catherine Carlin was appointed as Temporary Parliamentarian for the remainder of the meeting.

## **Election of Officers**

Sandra Lieck opened the floor for nominations for 2022-2023 Committee Officers. Kathy Rojas nominated April Hooper-Christensen for Chair. Caleb Rosier seconded the motion. Members voted – with a unanimous vote of "yay" – the vote passed. April Hooper-Christensen will be acting Chair. April Hooper-Christensen nominated Kathy Rojas as Co-Chair. There were no other nominations from the floor. Kathy Riojas was appointed as acting Co-Chair.

Linda Villemarette nominated Sylvia Mazuera for Secretary. There were no other nominations from the floor. Sylvia Mazuera was appointed as acting Secretary.

All officers are declared elected as presented.

## **Audience for Guests**

Ashima Gupta, district parent, addressed the committee with three questions: 1) regarding student nutrition services: why are students not allowed to go back through the lunch line if they are still hungry once they finish their lunch? 2) regarding snacks: with lunch being served so early and some afterschool activities, can a snack be allowed in the afternoon to aid students with the extended time between meals? 3) What is the procedure for becoming a member of the committee? Ms. Lieck will address those questions with Ms. Gupta. There was no other audience for guests.

### **Topics for Future Meetings**

Anxiety and Depression.

Ms. Lieck opened the floor for suggestions for possible topics for upcoming meetings. Suggestionsincluded:Mental HealthElem and MS Health EducationHuman TraffickingDating violence

Suicide Prevention

Betsy McKinney, Parent Ed Coord, shared about the CFBISD event on November 2 at Perry MS titled "The Effects of Pornography on Our Children". The event will also include a technology portion. More information will be going out through parent square.

#### Adjourn

This concluded the business for the evening. The meeting was adjourned at 7:52pm.

Minutes recorded by Dee Canada